

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following

1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	No of students enrolled	Name of the agencies/consultants involved with contact details (if any)	Link
Skill Enhancement Program on Social Skills	30-08-2022	258	Department of Languages, Mr. Madhavi, Assistant Professor	https://theoxfordscience.org/NAAC/102SEP%20SOCIAL%20SKILLS%202021-22.pdf
Skill Enhancement Program on Campus to Corporate	18-08-2022	301	Department of Languages in association With Grooming Gurukul, Ms. Geetha shettina	https://theoxfordscience.org/NAAC/101SEP%20CAMPUS%20TO%20CORPORATE%202021-22.pdf
ICT Program on Creation of Smart Art Graphics	07-06-2022	366	Mrs. Priya S, Assistant Professor 9591147345	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Creation%20of%20Smart%20art%20Graphics.pdf
Soft Skill Training Program on Willingness to Learn	01-06-2022	366	Training and Placement Cell. Mr. Bheemeshwara Reddy 9035806160	https://theoxfordscience.org/NAAC/SSP%20WILLINGNESS%20TO%20LEARN%202021-22.pdf
ICT Program on Microsoft	27-04-2022	265	Mr. Ramakrishna Reddy, Assistant	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Microsoft%20365%20features%20and%20benefits.pdf

365 features and benefits			Professor, TOCS 9880581243	
Soft Skill Training Program on Developing Entrepreneurial Thinking	23-04-2022	265	Training and Placement Cell, Mr. Bheemeshwara Reddy 9035806160	https://theoxfordscience.org/NAAC/SSP%20DEVELOPING%20ENTREPRENEURIAL%20THINKING%202021-22.pdf
ICT Program on MS Teams - File Sharing	24-03-2022	238	Mr. Ramakrishna Reddy, Assistant Professor, TOCS 9880581243	https://theoxfordscience.org/NAAC/ICT%20program%20on%20MS%20Team%20File%20Sharing.pdf
Life skills program on Fit for Life	08-03-2022	268	Mr. Pradeep K, Physical Education Director, Centre for Physical Education, 8050606641	https://theoxfordscience.org/NAAC/Fit%20for%20Life%202021-22.pdf
Aptitude Training Program on Aptiboost-Numerical and Logical Reasoning	02-03-2022	238	Training and Placement Cell, Mrs. Nancy Johnson 8088773522	https://theoxfordscience.org/NAAC/ATP%20APTIBOOST%20NUMERICAL%20AND%20LOGICAL%20REASONING%202021-22.pdf
Life skills program on Healthy Habits Challenge	25-02-2022	238	Mr. Pradeep K, Physical Education Director, Centre for Physical Education. 8050606641	https://theoxfordscience.org/NAAC/Healthy%20Habbits%20Challenge%202021-22.pdf

Menstrual Health and Hygiene Management	24-02-2022	180	Ms. Vidya, Application Scientist from Unicharm India	https://theoxfordscience.org/NAAC/Menstrual%20Health%20and%20Hygiene%20Mgt.pdf
ICT Program on MS Power Automate	23-02-2022	395	Mrs. Priya, Assistant Professor, TOCS 9591147345	https://theoxfordscience.org/NAAC/ICT%20program%20on%20MS%20Power%20Automate.pdf
Soft Skill Training Program on Art of Conversation-Topics to Avoid, Small Talks	19-02-2022	395	Mr. Ali Rivet Pvt Ltd 988 666 0447	https://theoxfordscience.org/NAAC/SSP%20ART%20OF%20CONVERSATION%20TOPICS%20TO%20AVOID%20SMALL%20TALK%202021-22.pdf
Life skills program on Activation of chakras in human body	24-01-2022	450	Mr. Pradeep K, Physical Education Director, Centre for Physical Education 8050606641	https://theoxfordscience.org/NAAC/Activation%20Of%20Chakras%20in%20Human%20Body%202021-22%20(1).pdf
Skill Enhancement Program on Syllable-Speech Sound	24-01-2022	301	Department of Languages, Mrs. Anitha, Assistant Professor 9886394753	https://theoxfordscience.org/NAAC/46SEP%20SYLLABLE-SPEECH%20SOUNDS%202021-22.pdf
Life Skills program on How Yoga Affects The Mind And Academics	20-01-2022	582	Mr. Pradeep K, Physical Education Director, Centre for Physical Education 8050606641	https://theoxfordscience.org/NAAC/How%20Yoga%20Effects%20%20the%20%20Mind%20and%20academics%202021-22.pdf

Skill Enhancement Program on E-Mail skills	10-01-2022	232	Department of Languages, Dr. Neha, Assistant Professor 8904698693	https://theoxfordscience.org/NAAC/43SEP%20E-MAIL%20SKILLS%202021-22.pdf
Skill Enhancement Program on Communication: Speaking and Listening	08-01-2022	192	Department of Languages, Mrs. Anitha, Assistant Professor 9886394753	https://theoxfordscience.org/NAAC/42SEP%20COMMUNICATION,%20SPEAKING%20AND%20LISTENING.pdf
Soft Skill Training Program on Coping with Stress and Emotions	01-01-2022	301	Training and Placement Cell, Mr Gopal 9844734435	https://theoxfordscience.org/NAAC/SSP%20COPING%20WITH%20STRESS%20AND%20EMOTIONS%202021-22.pdf
ICT Programs on Creation of Master Documents	27-12-2021	301	Mrs. Amruta Gadad 9742345375	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Creation%20of%20Master%20Documents.pdf
Skill Enhancement Program on Cultural Exchange	06-12-2021	248	Department of Languages, Mrs. Roopashri S. Biradar Assistant Professor 7624966547	https://theoxfordscience.org/NAAC/25SEP%20CULTURAL%20EXCHANGE%202021-22.pdf
Skill Enhancement Program on Short story Writing	06-12-2021	238	Department of Languages, Ms. Sowmya N, Assistant Professor, 9591740260	https://theoxfordscience.org/NAAC/24SEP%20SHORT%20STORY%20WRITING%202021-22.pdf

Skill Enhancement Program on Personal and Professional Networking	27-11-2021	301	Mrs.Adithi,Assistant Professor,Department of English,The Oxford College of Arts 9845679055	https://theoxfordscience.org/NAAC/19SEP%20PERSONAL%20AND%20PROFESSIONAL%20NETWORKING%202021-22.pdf
Skill Enhancement Program on Group Discussion	23-11-2021	268	Department of Languages, Mrs. Roopashri Biradar Assistant Professor 7624966547	https://theoxfordscience.org/NAAC/14SEP-2020-21%20GROUP%20DISCUSSION%20(2).pdf
Life Skills program on Ashtanga Yoga	18-10-2021	506	Mr. Arshith, Yoga Trainer and Asst. Prof. Department of Mathematics from The Oxford College of Science. 8050956139	https://theoxfordscience.org/NAAC/Ashtanga%20Yoga%202020-21.pdf
Skill Enhancement Program on Dramatic Enactment	17-09-2021	248	Dr.Neha,Assistant Professor,Department of English,The Oxford College of Science 8904698693	https://theoxfordscience.org/NAAC/97SEP%20DRAMATIC%20ENACTMENT%202021-22.pdf
Life skills program on Workout for Better Fitness	13-09-2021	192	Mr. Prathap S, Sports Coach, Al Ameen College Bangalore. 9711709665	https://theoxfordscience.org/NAAC/Workout%20for%20Better%20fitness%202021-22.pdf
ICT Program on Online Meeting Tools	11-09-2021	125	Mr. Dharmendra Raju, Assistant Professor, TOCS 7204423741	https://theoxfordscience.org/NAAC/ICT%20Program%20on%20Online%20Meeting%20Tools.pdf

Soft Skill Training Program on Communication Skills	01-09-2021	155	ETOE , Mr. Vinod 90084 87776	https://theoxfordscience.org/NAAC/SSP%20COMMUNICATION%20SKILL%202020-21.pdf
ICT Program on Google Class Room	25-08-2021	201	Mrs. Ananya Saha, Assistant Professor 8217692063	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Google%20classroom.pdf
Soft Skill Training Program on Public Speaking, Letter Drafting and Interviews	11-08-2021	201	Training and Placement Cell, Mr Gopal 9844734435	https://theoxfordscience.org/NAAC/SSP%20PUBLIC%20SPEAKING%20LETTER%20DRAFTING%20AND%20INTERVIEWS%202020-21.pdf.pdf
Skill Enhancement Program on Debate	02-08-2021	192	Department of Languages, Ms. Roopashri Biradar, Assistant Professor 7624966547	https://theoxfordscience.org/NAAC/81SEP%20DEBATE%202020-21.pdf
Skill Enhancement Program on Picture Interpretation	19-07-2021	202	Department of Languages, Dr. Neha Assistant Professor 8904698693	https://theoxfordscience.org/NAAC/77SEP%20PICTURE%20INTERPRETATION%202021-22.pdf
ICT Program on Creation of Charts in MS Excel	06-07-2021	77	Mr. Ramakrishna Reddy, Assistant Professor, TOCS 9880581243	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Creation%20of%20charts%20in%20MS%20Excel.pdf

Skill Enhancement Program on Book Review	05-07-2021	248	Department of Languages, Mrs. Anitha, Assistant Professor 9886394753	https://theoxfordscience.org/NAAC/72SEP%20BOOK%20REVIEW%202020-21.pdf
Soft Skill Training Program on How to Achieve Success	02-07-2021	67	Mr. Razwi Bangalore University 9886470403	https://theoxfordscience.org/NAAC/SSP%20HOW%20TO%20ACHIEVE%20SUCCESS%202020-21.pdf
Skill Enhancement Program on Presentation skills	14-06-2021	277	Department of Languages, Mrs. Anitha, Assistant Professor 9886394753	https://theoxfordscience.org/NAAC/65SEP-2021-22%20PRESENTATION%20SKILLS.pdf
Skill Enhancement Program on Creative Writing	12-06-2021	171	Department of Languages, Ms. Aditi, Assistant Professor 9845679055	https://theoxfordscience.org/NAAC/66SEP%20CREATIVE%20WRITING%202020-21.pdf
Skill Enhancement Program on Poetry Writing	31-05-2021	248	Department of Languages, Ms. Nusharrat Unnisa Assistant Professor 7624951572	https://theoxfordscience.org/NAAC/63SEP%20POETRY%20WRITING%202020-21.pdf
ICT Program on MS Office Online Apps	07-05-2021	204	Mrs. Ananya Saha, Assistant Professor 8217692063	https://theoxfordscience.org/NAAC/ICT%20program%20on%20MS%20Office%20Online%20APP.pdf

Soft Skill Training Program on Note Making Skills (Writing and Presentation Skills)	05-05-2021	204	Training and Placement Cell , Mr. Thala Chowdhury 7624966547	https://theoxfordscience.org/NAAC/SSP%20NOTE%20MAKING%20SKILLS%202020-21.pdf
GO GREEN FOR MENSTRUAL HYGIENE	23-02-2021	177	Ms. Ankitha Sukhwai, Application Scientist from Unicharm Indiana	https://theoxfordscience.org/NAAC/Go%20Green%20for%20Menustrial%20Hygine.pdf
Skill Enhancement Program on Literary Skills	19-02-2021	224	Mrs.Adithi,Assistant Professor,Department of English,The Oxford College of Arts 9845679055	https://theoxfordscience.org/NAAC/40SEPCIRCULAR%20(1).pdf
ICT Program on Computer Security Basic Practices	08-02-2021	395	Mr. Dharmendra Raju, Assistant Professor, TOCS 7204423741	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Computer%20security%20basic%20practices.pdf
Soft Skill Training Program on Self Introduction	01-02-2021	395	Training and Placement Cell. Mrs. Savitha P 9036281269	https://theoxfordscience.org/NAAC/SSP%20SELF%20INTRODUCTION%202020-21.pdf.pdf
ICT Program on Familiarization with Matlab	07-01-2021	509	Ms Divya Gupta, Assistant Professor 8861416108	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Familiarization%20with%20Matlab%20simulation%20software.pdf

- Simulation Software				
Aptitude Training Program on Critical Thinking and Complex Problem Solving	04-01-2021	509	Mr. Gulshan Chhabra Founder and Chief Mentor Summit Careers 9243441116	https://theoxfordscience.org/NAAC/ATP%20CRITICAL%20THINKING%20AND%20COMPLEX%20PROBLEM%20SOLVING%202020-21.pdf
ICT Program on Network and its Connections	23-12-2020	377	Mrs. Vani Krishnamurthy, Assistant Professor 9900530387	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Newtork%20and%20Its%20Connections.p df
Skill Enhancement Program on Word Accent In English	04-12-2020	248	Mr. Talha Choudhary 8826517882	https://theoxfordscience.org/NAAC/11SEP%20Word%20Accent-2020-21%20(1).pdf
Soft Skill Training Program on Interview Skills	04-12-2020	377	Training and Placement Cell. Mrs. Savitha P 9036281269	https://theoxfordscience.org/NAAC/SSP%20INTERVIEW%20SKILLS%202020-21.pdf
ICT Program on Etiquettes of online classes	14-09-2020	210	Mrs. Kalai Selvi , Assistant Professor 9620719355	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Etiquettes%20of%20online%20classes.pd f

Soft Skill training Program on Personality Grooming	04-09-2020	210	Gillette Company, Mr. Abdul Rafeeq 7624966547	https://theoxfordscience.org/NAAC/SSP%20PERSONALITY%20GROOMING%202019-20.pdf
Skill Enhancement Program on Reference Skills	31-08-2020	302	Department of Languages, Mrs. Anitha, Assistant Professor 9886394753	https://theoxfordscience.org/NAAC/109SEP%20REFERENCE%20SKILLS%202020-21.pdf
ICT Program on Footnotes and Endnotes in Word	10-08-2020	429	Mr. Ramakrishna Reddy, Assistant Professor, TOCS 9880581243	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Footnotes%20and%20Endnotes%20in%20Word.pdf
Soft Skill training Program on Organizing and Planning Skills	05-08-2020	429	Training and Placement Cell. Mrs. Savitha P9036281269	https://theoxfordscience.org/NAAC/SSP%20ORGANIZING%20AND%20PLANNING%20SKILLS%202019-20.pdf
ICT Program on MS Word	15-07-2020	247	Ms. M Abhinaya 8825261533	https://theoxfordscience.org/NAAC/ICT%20program%20on%20MS%20Word.pdf
Life Skills program on Suryanamskara	07-07-2020	485	Mr. Jayaram M N , Yoga Trainer Gurukula yoga centre Bangalore 9916876015	https://theoxfordscience.org/NAAC/Suryanamaskara%202019-20.pdf
Soft Skill Training Program on	01-07-2020	247	Training and Placement Cell. Mrs.	https://theoxfordscience.org/NAAC/SSP%20FINDING%20CALMNESS%20IN%20CHAOS%202019-20.pdf

Finding Calmness in Chaos			Savitha P 9036281269	
Life Skills program on Best yoga techniques	19-06-2020	530	Mr. Manjunath A, Yoga trainer, Paanchajanya yoga centre, Bangalore. 9900883229	https://theoxfordscience.org/NAAC/Best%20yoga%20techniques%202019-20.pdf
Life Skills program on Yogic approach for calmness	03-06-2020	515	Mr, Manikanta, Yoga specialist, Chinmudra yoga Centre, Bangalore. 9731674694	https://theoxfordscience.org/NAAC/yogic%20approach%20to%20Calmness%202019-20.pdf
ICT Program on Bulk mail with Mail Merge	22-04-2020	519	Mrs. Sajana Balan , Assistant Professor TOCS 9591585464	https://theoxfordscience.org/NAAC/ICT%20program%20on%20bulk%20mail%20with%20mail%20merge.pdf
APTITUDE TRAINING PROGRAM ON QUANTITATIVE APTITUDE TRICKS	15-04-2020	519	Training and Placement Cell, Dr. Shivajyothi R 7811017999	https://theoxfordscience.org/NAAC/ATP%20QUANTITATIVE%20APTITUDE%20TRICKS%202019-20.pdf
Life Skills program on Zen meditation to focus and balance	27-02-2020	426	Mr, Murali L, Yoga Trainer Aayana Academy Bangalore and Shashi Kumar P, Yoga Trainer Aayana Academy	https://theoxfordscience.org/NAAC/Zen%20meditation%20to%20focus%20and%20balance%202019-20.pdf

			Bangalore. 7892052582	
Awareness Program on Cardio Pulmonary Resuscitation	12-02-2020	176	Dr. Venkatesh, Cardiologist, Manipal Hospital, Bangalore	https://theoxfordscience.org/NAAC/Awareness%20program%20on%20Cardio%20Pulmonary%20Resuscitation.pdf
Life Skills program on Asana's to reduce headache, fatigue & Anxiety	05-02-2020	179	Mr. Nagesh J, Coach Yoga Wellness Centre, Bangalore and Mr. Srinivasam, Coach Yoga Wellness Centre, Bangalore. 9060122138	https://theoxfordscience.org/NAAC/Asana%E2%80%99s%20to%20reduce%20headache,%20fatigue%20&%20Anxiety%202019-20.pdf
Life Skills program on Pranayama to Stimulate the Kidney & Liver	29-01-2020	269	Mr. Suman P, Yoga instructor Vishwa Bhavani Yoga Centre, Bangalore and Mr. Naveen Kumar, Yoga instructor Vishwa Bhavani Yoga Centre, Bangalore. 9620414256	https://theoxfordscience.org/NAAC/Pranayama%20%20to%20Stimulates%20the%20Kidney%20&%20Liver%202019-20.pdf
Skill Enhancement Program on	16-01-2020	247	Department of Languages, Ms. Shashikala,	https://theoxfordscience.org/NAAC/58SEP%20ACADEMIC%20WRITING%202019-20.pdf

Academic Writing			Assistant Professor 6363262167	
Skill Enhancement Program on TEFL _Teaching English as a Foreign Language	08-01-2020	272	Department of Languages, Ms. Roopashri Biradar, Assistant Professor 7624966547	https://theoxfordscience.org/NAAC/57SEP%20TEFL%202019-20.pdf
ICT Program on Microsoft Publisher	27-11-2019	260	Mr. Dharmendra Raju, Assistant Professor, TOCS 7204423741	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Microsoft%20Publisher.pdf
Soft Skill Training Program on Goal Setting and Time Management	05-11-2019	293	Training and Placement Cell. Mrs. Savitha P 9036281269	https://theoxfordscience.org/NAAC/SSP%20GOAL%20SETTING%20AND%20TIME%20MANAGEMENT%202019-20.pdf
Life skills program on Sports-Specific Training	15-10-2019	187	Mr. Chethan Junior Hockey Team coach ,Sports Authority of India (SAI) Bangalore. 9986617556	https://theoxfordscience.org/NAAC/Sports%20Specific%20Training%202019-20.pdf
Life skills program on Aerobics and Anerobics	11-10-2019	346	Dr. Thilak P, the Physical Education Director & Fitness Trainer at PES	https://theoxfordscience.org/NAAC/Aerobics%20and%20Anerobics%202019-20.pdf

			College Bangalore, 9844393965	
ICT Program on Google Forms and Quiz Creation	10-10-2019	354	Mrs. Sajana Balan, Assistant Professor 9591585464	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Google%20forms%20and%20quiz%20creation.pdf
Life Skills program on mind over matter	08-10-2019	216	Mr, Avinash S, Yoga Teacher, Yoga Foundation Bangalore and Mr, Praveen Kumar N, Yoga Teacher, Yoga Foundation Bangalore. 9844969672	https://theoxfordscience.org/NAAC/Mind%20Over%20Matter%202019-20.pdf
Soft Skill Training Program on Effective Team Player and Motivator	04-10-2019	354	Mr. Razvi , Soft Skill Trainer HSR Layout9886470403	https://theoxfordscience.org/NAAC/SSP%20EFFECTIVE%20TEAM%20PLAYER%20AND%20MOTIVATOR%202019-20.pdf
Life Skills program on Yoga for Digestion	19-09-2019	281	Mr, Arun Kumar R, Yoga Faculty, UCPE College, Bangalore University. and Mr, Nagaraj C N, Asst. Yoga Faculty, UCPE College, Bangalore	https://theoxfordscience.org/NAAC/Yoga%20for%20digestion%202019-20.pdf

			University. 9731741481	
ICT Program on Simple Calculator App Using Android Studio	09-09-2019	403	Mr. Dharmendra Raju, Assistant Professor, TOCS 7204423741	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Simple%20Calculator%20App%20using%20Android%20Studio.pdf
Life Skills program on yogic approach to Healthy Lifestyle	04-09-2019	202	Mr, Narasimha Murthy, Yoga Trainer and M.P.Ed Scholar Bangalore University and Mr, Kumar N, Yoga Trainer and M.P.Ed Scholar Bangalore University 7676699701	https://theoxfordscience.org/NAAC/yogic%20approach%20to%20Healthy%20Lifestyle%202019-20.pdf
Soft Skill Training Program on Proving Your Point: Debating Skills	03-09-2019	403	Mr. Ali Rivet Pvt Ltd 988 666 0447	https://theoxfordscience.org/NAAC/SSP%20PROVING%20YOUR%20POINT%20DEBATING%20SKILLS%202019-20.pdf
Skill Enhancement Program on Essay Writing	27-08-2019	187	Department of Languges, Mr. Talha Chowdhary, Assistant Professor 7624966547	https://theoxfordscience.org/NAAC/16SEP%20ESSAY%20WRITING%202019-20.pdf

Life Skills program on Asana's to Prevent Arthritis	22-08-2019	342	Mr.Veerabadra N, Yoga Trainer and M.P.Ed Scholar Bangalore University and Mr, Sudeep L, Yoga Trainer and M.P.Ed Scholar Bangalore University 8150902929	https://theoxfordscience.org/NAAC/Asanas%20to%20Prevent%20Arthritis%202019-20.pdf
ICT Program on MS Outlook	20-08-2019	499	Mrs. Sajana Balan , Assistant Professor TOCS 9591585464	https://theoxfordscience.org/NAAC/ICT%20program%20on%20MS%20Outlook.pdf
Sustainable Living	09-08-2019	110	Dr. Shanthi, Dentist, Civic Activist and Mrs. Chitra Praneeth, Civic Activist, Bangalore	https://theoxfordscience.org/NAAC/Sustainable%20Living.pdf
Life Skills program on Yoga for Body balance	08-08-2019	187	Mr. Manjunath Prasad D M, Yoga Trainer, BGS College, Bangalore and Mr. Shivashankar B S , Physical Education Director, Jain College Bangalore 9743958877	https://theoxfordscience.org/NAAC/Yoga%20for%20body%20balance%202019-20.pdf
Soft Skill Training Program on	01-08-2019	499	Rivet Pvt Ltd , Mr. Ali 9886660447	https://theoxfordscience.org/NAAC/SSP%20LEARN%20TO%20LISTEN%202019-20.pdf

Learn to Listen				
ICT Program on Introduction with Microsoft Sharepoint	09-07-2019	300	Mrs. Sathya M , Assistant professor 9008466700	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Introduction%20with%20Microsoft%20Sharepoint.pdf
Soft Skill Training Program on Confidence Building	03-07-2019	299	Training and Placement Cell, Mrs. Savitha 9036281269	https://theoxfordscience.org/NAAC/SSP%20CONFIDENCE%20BUILDING%202018-19.pdf
Skill Enhancement Program on Business writing	22-04-2019	326	Department of Languages, Ms. Shashikala, Assistant Professor ,6363262167	https://theoxfordscience.org/NAAC/98SEP%20BUSINESS%20WRITING%202019-20.pdf
Skill Enhancement Program on Assertive Communication	01-04-2019	176	Sowmya.N,Assistant Professor,Deptment of English,The Oxford College of Science 9591740260	https://theoxfordscience.org/NAAC/93SEP%20ASSERTIVE%20COMMUNICATION%202019-20.pdf
Life Skills program on Asana's to Boost Immune System	20-03-2019	454	Mr. Kiran Kumar N, Yoga specialist, Art of Living Yoga Centre, Bangalore and Ms. Madhu Shree M, Yoga	https://theoxfordscience.org/NAAC/Asanas%20to%20Boost%20Immune%20System%202018-19.pdf

			specialist, Art of Living Yoga Centre, Bangalore 9071152020	
Skill Enhancement Program on Oral Communication	11-03-2019	288	Department of Languages, Ms. Aditi, Assistant Professor 9845679055	https://theoxfordscience.org/NAAC/87SEP%20ORAL%20COMMUNICATION%202018-19.pdf
Soft Skill Training Program on Train Your Mind and Get Clarity of Mind	18-02-2019	405	Rivet Pvt. Ltd. Mr. Ali 988 666 0447	https://theoxfordscience.org/NAAC/SSP%20TRAIN%20YOUR%20MIND%20AND%20GET%20CLARITY%20OF%20MIND%202018-19.pdf
ICT Program on Computer Hardware	11-02-2019	405	Mr. Dharmendra Raju, Assistant Professor, TOCS 7204423741	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Computer%20hardware.pdf
Life Skills program on Yogic way to Improve Cardiovascular Health	06-02-2019	181	Mr. Byregowda , Yoga teacher, NIS Bangalore. And Mr. Devraj C R , Yoga Trainer and M.P.Ed Scholar Bangalore University. 8277491423	https://theoxfordscience.org/NAAC/Yogic%20way%20to%20Cardiovascular%20Health%202018-19.pdf

ICT Program on Microsoft OneNote	08-01-2019	261	Mr. Ramakrishna Reddy, Assitant Professor 9880581243	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Microsoft%20OneNote.pdf
Soft Skill Training Program on Resume and Email Writing	03-01-2019	337	Training and Placement Cell, Mrs. Vijaylakshmi 8310366940	https://theoxfordscience.org/NAAC/SSP%20RESUME%20AND%20EMAIL%20WRITING%202018-19.pdf
Health Camp on Routine blood Check - up	20-11-2018	100	Dr. Bharti Mittal, Immunitet Labs Pvt. Ltd 8241586	https://theoxfordscience.org/NAAC/Health%20camp%20on%20Routine%20blood%20checkup.pdf
Life Skills program on Asana's to reduce Joint Pain	31-10-2018	271	Mr. Kantha Reddy, Physical Education Director, Acharya Institute of Science and Management. 8553457158	https://theoxfordscience.org/NAAC/Asanas%20to%20%20Reduce%20Joint%20Pain%202018-19.pdf
Life Skills program on Asana's to Strengthening Lower	23-10-2018	288	Mr. Diwakar A, Yoga and Fitness Trainer, Cult fit Centre Bangalore. 9611543240	https://theoxfordscience.org/NAAC/Strengethining%20Lower%20Body%202018-19.pdf
ICT Program on World Wide Web Security	05-10-2018	537	Mr. Ramakrishna Reddy, Assistant Professor, TOCS 9880581243	https://theoxfordscience.org/NAAC/ICT%20program%20on%20World%20Wide%20Web%20Security.pdf
Aptitude Training Program on Logical	03-10-2018	536	Ms. Roopa, Alpha Tech Academy 9036281269	https://theoxfordscience.org/NAAC/ATP%20LOGICAL%20REASONING%20ABILITY%202018-19%20(3).pdf

Reasoning Ability				
ICT Program on Present with PowerPoint	28-09-2018	271	Mr. Amith BM , Assistant Professor 8197579935	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Present%20with%20Powerpoint.pdf
Soft Skill Training Program on Good Attitude To Success	25-09-2018	286	Training and Placement Cell, Mrs. Thanuja 9880011870	https://theoxfordscience.org/NAAC/SSP%20GOOD%20ATTITUDE%20TO%20SUCCESS%202018-19.pdf
Life Skills program on Asana's for Mental Wellbeing	04-09-2018	365	Mr. Mahesh G L, Yoga Trainer, Art of Living, Yoga Centre Bangalore. 8951411179	https://theoxfordscience.org/NAAC/mental%20well%20being%202018-19.pdf
Life skills program on High-Intensity Interval Training (HIIT)	03-09-2018	233	Mr. Kalyan Prasad, a resource person from YMCA College Bangalore, 7829989888	https://theoxfordscience.org/NAAC/High-Intensity%20Interval%20Training%20(HIIT)%202018-19.pdf
Skill Enhancement Program on Cognitive Skills	03-09-2018	298	Department of Languages, Ms. Girija G, Assistant Professor 9110651009	https://theoxfordscience.org/NAAC/26SEP%20COGNITIVE%20SKILLS%202018-19.pdf
Skill Enhancement Program on	09-08-2018	196	Department of Languages, Mr. Talha Chowdhary,	https://theoxfordscience.org/NAAC/14SEP%20DYNAMIC%20COMMUNICATION%202018-19.pdf

Dynamic Communication			Assistant Professor 7624966547	
Life Skills program on Asana's to Reduce Stress	03-08-2018	233	Mr. Ramesh D, Faculty Yoga Center, Jnana Bharathi Campus. 9741387520	https://theoxfordscience.org/NAAC/Reduce%20stress%202018-19.pdf
ICT Program on Animation in PowerPoint	01-08-2018	288	Mr. M Jayapragash , Assistant Professor ,TOCS 9972882575	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Animation%20in%20Powerpoint.pdf
Soft Skill Training Program on Positive Thinking	03-07-2018	288	Training and Placement Cell, Mrs. Natasha 7022790676	https://theoxfordscience.org/NAAC/SSP%20POSITIVE%20THINKING%202018-19.pdf
DIABETES AWARENESS & CHECK-UP CAMP	09-04-2018	208	Dr. Partha Hazra Biocon India Ltd 9903198400	https://theoxfordscience.org/NAAC/Diabetes%20awareness%20&%20checkup%20camp.pdf
Skill Enhancement Program on LSRW Skills (Listening, speaking, reading and Writing)	26-03-2018	263	Department of Languages, Mr. Talha Chowdhary, Assistant Professor 7624966547	https://theoxfordscience.org/NAAC/85SEP%20LSRW%20SKILLS%202018-19.pdf

Life Skills program on Asana's to improve Flexibility	20-03-2018	289	Mr. Kantha Reddy, Physical Education Director, Acharya Institute of Science and Management. 8553457158	https://theoxfordscience.org/NAAC/Asanas%20to%20Improve%20flexibility%202017-18.pdf
ICT Program on Pivot Table and Statistical Formula in Excel	08-03-2018	275	Mrs. Sathya Assistant Professor TOCS 9008466700	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Pivot%20Table%20and%20Statistical%20Formula%20in%20Excel.pdf
Aptitude Training Program on Ability to Analyze	01-03-2018	275	Training and Placement Cell, Mr. Avinash 7337881989	https://theoxfordscience.org/NAAC/ATP%20ABILITY%20TO%20ANALYZE%202017-18.pdf
Skill Enhancement Program on Interpersonal skills	08-02-2018	345	Department of Languages, Ms. Seema Basumatary, Assistant Professor Assistant Professor TOCS	https://theoxfordscience.org/NAAC/65SEP%20INTERPERSONAL%20SKILLS%202017-18.pdf
ICT Program on Creation and Working of Macros	10-01-2018	188	Mrs. Sajana Balan , Assistant Professor, TOCS 9591585464	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Creation%20and%20working%20of%20Macros.pdf
Soft Skill Training Program on Attractive Presentation Skills	04-01-2018	188	Training and Placement Cell, Mrs. Natasha 7022790676	https://theoxfordscience.org/NAAC/SSP%20ATTRACTIVE%20PRESENTATION%20SKILLS%202017-18.pdf

Life skills program on Resistance Training	13-12-2017	196	Mr. Srinidhi Physical Education Director, Darshan College Bangalore. 9880259507	https://theoxfordscience.org/NAAC/Resistance%20Training%202017-2018.pdf
Soft Skill Training Program on Called to Lead	22-11-2017	144	Training and Placement Cell Mrs. Vijaylaxmi TOCS 8310366940	https://theoxfordscience.org/NAAC/SSP%20CALLED%20TO%20LEAD%202017-18.pdf
ICT Program on Messages through Email	15-11-2017	177	Mr. Jayapragash, Assistant Professor 9972882578	https://theoxfordscience.org/NAAC/ICT%20program%20on%20Messages%20through%20Email.pdf
ICT program on Basics of Microsoft Excel	27-10-2017	299	Mrs. Kalai Selvi , Assistant Professor 9620719355	https://theoxfordscience.org/NAAC/ICT%20program%20on%20basics%20of%20microsoft%20excel.pdf
Strategies for Maintaining Optimal Health	24-10-2017	180	Dr. Lalitha Hiremath, Professor and HOD of Community Medicine, The Oxford Medical College Hospital & Research Centre 9449535277	https://theoxfordscience.org/NAAC/Statergies%20for%20Maintaing%20Optimal%20health.pdf
Soft Skill Training Program on Personality Grooming and	23-10-2017	331	Training and Placement Cell Mrs. Vijaylakshmi Rao 8310366940	https://theoxfordscience.org/NAAC/SSP%20PERSONALITY%20GROOMING%20AND%20PROFESSIONAL%20ETIQUETTES%202017-18.pdf

Professional Etiquettes				
Awareness program on Breast and Cervical Cancer	19-10-2017	53	Dr. Shobha, Gynaecologist, Kidwai Memorial Institute of Oncology, Bangalore	https://theoxfordscience.org/NAAC/Awareness%20program%20on%20breast%20&%20cervical%20cancer.pdf
Life Skills program on Asana's to Improve Blood Circulation	06-10-2017	478	Mr. Chandan A, Yoga Trainer and M.P.Ed Scholar Bangalore University and Mr Rakesh R, Yoga Trainer and M.P.Ed Scholar Bangalore University 9844839432	https://theoxfordscience.org/NAAC/Asanas%20improve%20blood%20circulation%20final%202017-18.pdf
Life Skills program on Asana's to Improve Metabolism	27-09-2017	196	Mr. Ravi Kumar B K, Yoga Trainer and M.P.Ed Scholar, Bangalore University and Mr Ramesh V, Yoga Trainer and M.P.Ed Scholar, Bangalore University 9901862880	https://theoxfordscience.org/NAAC/Asanas%20to%20Improve%20metabolism%202017-18.pdf

Skill Enhancement Program on Aspects of communication	18-09-2017	196	Department of Languages, Ms. Sowmya N, Assistant Professor,9591740260	https://theoxfordscience.org/NAAC/2SEP%20ASPECTS%20OF%20COMMUNICATION%202017-18.pdf
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